

## ANNA TRUSZ

### HIGHLIGHTS OF QUALIFICATIONS

---

- Psychology Degree and Developmental Service Worker Diploma
- Experience in skill development, crisis intervention and counselling
- Experienced in supporting clients with ABI, developmental and physical needs in an educational, vocational, residential and community setting
- Volunteer alongside rehabilitation professionals in a hospital setting and through community outreach

### EDUCATION

---

**Developmental Service Worker Diploma (Accelerated)** 2010  
Humber College

**Honours Bachelor of Science Degree in Psychology** 2008  
York University

### WORK EXPERIENCE

---

**Rehabilitation Support Worker** 2012 – Present  
Wright Rehab

- Support individuals to achieve rehabilitation goals as supervised by therapy professionals
- Support safe community integration and follow through of daily activities

**Support Facilitator** 2008 – Present  
Montage Support Services

- Provide safe support to individuals with limited mobility by using appropriate lifting and transfer procedures during direct care
- Advocate for clients' independence and encourage decision making through the use of person-centered planning
- Act as communication facilitator in the home and community for non-verbal clients

**Humber College Student Placement** 2010  
York Humber High School

- Used picture symbols, social stories, and sign language for students with autism to reduce communication barriers

- Reinforced effective social skills through role-play and modeling

**Humber College Student Placement****2010**

Reena Semi-Independent Living Group Home

- Encouraged clients to take an active role in their personal and household activities through verbal instruction, modeling, practice and prompts
- Designed and implemented programs for social skill development
- Developed proficient problem solving skills through behaviour intervention and conflict resolution training

**Job Coach****2008 – 2009**

The Coffee Shed at JVS Toronto

- Trained developmental delay employees how to deal with the demands of running a business
- Monitored employees' occupational performance and modified tasks according to skill level and physical ability
- Taught effective coping strategies for dealing with personal and work-related issues through role-playing and one-to-one meetings

**RELATED EXPERIENCE**

---

**Volunteer****2010 – Present**

Seniors' Health and Comprehensive Stoke Unit: Trillium Health Centre

- Collaborate with the Occupational Therapist to educate seniors about falls prevention through a Regional Falls Prevention and Bone Health program including facilitation of education sessions and assisting with group activities
- Improve community resource accessibility for staff and participants by developing informational handouts related to seniors (accessible transportation, adaptive clothing, foot care, local senior centers, assistive devices, non-urgent ambulance transfer, community mall walking programs)
- Increased awareness regarding strokes through the creation of pamphlets and display boards
- Observed cognitive assessments and participated in the implementation of rehabilitation treatment plans under the direct supervision of the OT and OTA

**TRAINING WORKSHOPS**

---

- Emergency First Aid Level and CPR Level C
- Certificate in Safe Management
- Reena: Lifts and Transfers / Back Care (2011)